

Appl. No. 09/848,105  
Amdt. dated Jan. 20, 2004  
Reply to Office action of Aug. 12, 2003

**Amendments to the Specification:**

Please replace the paragraph at the top of page 9, lines 1-10, with the following paragraph:

C1  
In one embodiment, the cable 108 extends upwardly from the top of the weight selection bar 106 at the top portion of the weight stack 74, and engages the ~~[[front]]~~ center lift pulley ~~[[154]]~~ 162. From the ~~[[front]]~~ center lift pulley ~~[[154]]~~ 162, the cable 108 extends ~~rearwardly~~ forwardly along the length of the upper frame member 82 and engages the ~~center~~ front lift pulley ~~[[162]]~~ 154. From the ~~center~~ front lift pulley ~~[[162]]~~ 154, the cable 108 is directed downwardly toward the bottom portion of the weight stack housing 76 and engages the lower redirecting pulley 166, where the cable 108 is directed substantially transversely of the downward path between the ~~center~~ front lift pulley ~~[[162]]~~ 154 and the lower pulley 166 toward the front portion of the main frame 10. Preferably, the left plate of the lower frame member 84 defines an elongate rectangular aperture 168 and the cable 108 is routed therethrough toward the main frame 10.